SINGLE SESSION | FULL DAY

Supporting Students with Challenging Behaviours

Empowering class room support staff

Delivered by Lou Lugsdin – Educator & Qualified Counsellor

JUST FOR SCHOOLS

DURATION Full day (6 hours) or 2 x 3-hour sessions

MAXIMUM 30 attendees*

Content Overview

It's not uncommon for students to display challenging or difficult behaviours inside and outside the classroom, and these situations require all staff to have the skills and knowledge to support students professionally and confidently. Whilst geared towards in-classroom support staff, this session is beneficial for all support staff.

Confident staff are key to maintaining a safe and supportive environment for everyone.

Lou guides attendees through the content and share professional strategies to support the wellbeing of staff and students who may be impacted, directly or indirectly, by the challenging behaviours of others.

- **Root Causes** How the human brain works and what can trigger our emotional brain to lose control
- **Our Responses** Using emotional intelligence (EQ) as a guide to strengthen our empathy muscles
- **Recognising a Meltdown** Steps to prevent escalation, lower staff anxiety and improve outcomes
- **In the Moment** 3 key strategies to de-escalate and defuse, including support for nearby students
- **After the Event** Strategies to address the 'aftereffects' and minimise staff stress
- **Practical Solutions** 3 immediate actions to strengthen student to staff relationships

Outcomes

Confirmation	Confidence	Action
Of the drivers of challenging behaviours and their direct and indirect impacts	The skills and knowledge to implement professional strategies	Pathways and strategies to access and implement post session

Our Requirements

- **Venue** with resources for a PowerPoint presentation
- **Refreshments** at your discretion and cost

Contact Us for a Quote admin@justforschools.com.au | 0422 476 070

**Please confirm if you have fewer than 10 or more than 30 to attend.*

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