SINGLE SESSION

Unleash Your Potential

Less reacting. More living.

DURATION 3 hours (includes a 15 min break)

MAXIMUM 30 attendees*

Content Overview

How often do you think or hear these statements across the team?

"I spend all day putting out fires and never get time to focus on work that matters."

"I used to love my job, but lately I'm frustrated."

"I don't really know what I'm good at anymore, or where I'm heading."

When every day is spent reacting, it's easy to lose sight of your personal values, your strengths and your direction.

Staff who know what they personally value, and can align it to their work, experience greater job satisfaction. This session gives ESS the time to identify their values and connect them to their role – building self-confidence and unleashing their true potential.

- **Habits of Highly Effective People** Stephen Covey's Circle of Concern/Influence and Four Quadrants of Time models empower attendees to be proactive rather than reactive
- **Identifying Your Personal Vision and Values** Using a Values Preference Indicator, attendees will identify personal values and how to align those values to everyday life
- **Realising Your Strengths** A mindset and EQ check-up and the creation of individual action plans for implementation post session

Outcomes

Clarity

How self-awareness enhances personal and professional satisfaction

Confirmation

That potential can be achieved when we reach out for and accept support

Actions

That increase the determination to do more things we enjoy, in and out of work

Our Requirements

- **Venue** with resources for a PowerPoint presentation
- **Refreshments** at your discretion and cost

Contact Us for a Quote admin@justforschools.com.au | 0422 476 070

**If you have fewer than 10 or more than 30 to attend, please let us know*