



Embracing Change

Duration 3 hours – 15 min break

Maximum 25 attendees*

Content Overview

No doubt about it, ESS are required to be flexible, adaptable, resilient, and patient and never more so than in times of change... and change is constant in Schools.

Constant change can lead to fatigue which can see productivity and positivity decline.

This session provides attendees with the opportunity to identify and understand the positives and negatives of change and how our reactions can have positive and negative impacts on job satisfaction, student outcomes and the reputation of the School.

- **The Change Experience** A Self-Assessment of the 7 Traits of Change Readiness
- **Change Acceptance** 4 Stages of Change and using our EQ when change feels negative
- **Change Motivators** Internal & External motivators that help us embrace change
- **Action** Review of recent a change and strategies to embrace change with positivity.

Outcomes

- **Clarity** Why change fatigue is real and the importance of a team approach
- **Confidence** To take control of our reactions and to accept and adapt to change.
- **Actions** Practical steps to help maintain positivity during times of change

Inclusions

- **Key Slides and Handouts** for reference and use post session

Our Requirements

- ✓ **Copies of School Goals** - Values, Mission, and/or Vision Statements
- ✓ **Venue** with resources for a PowerPoint presentation
- ✓ **Refreshments** are at your discretion and cost

Contact Use For A Quote

admin@justforschools.com.au



***If you have less than 10 or more than 25 to attend, please let us know.**