

Supporting Students with Challenging Behaviours

Delivered by Lou Lugsdin - Educator, Counsellor, and Founder of The Team Approach

Duration 6 hours (Can be delivered as 2 x 3 hr sessions over different days)

Attendee Numbers: Minimum 10 and Max of 25

Content Overview

It's not un-common for students to display challenging or difficult behaviours inside and outside of the classroom and these situations require all staff to have the skills and knowledge to support students professionally and confidently.

Confident Staff are key to maintaining a safe and supportive environment for everyone

Lou will guide attendees through the content and share professional strategies to support the wellbeing of staff and students who may be impacted (directly or indirectly) by the challenging behaviours of others.

- **Identifying root causes of challenging behaviours** How the human brain works and what can trigger our emotional brain to lose control.
- **Understanding our responses to challenging behaviours** Using Emotional Intelligence as a guide, attendees will learn the importance of strengthening their empathy muscles.
- **The characteristics of a student 'meltdown'** Knowing the signs and symptoms is key to preventing escalation, lowering the anxiety of staff, and improving outcomes for all.
- **In the Moment** 3 key strategies to help de-escalate and defuse challenging behaviours including actions required so nearby/witnessing students are also supported.
- **After The Event** Strategies to address the 'aftereffects' to minimise staff stress.
- **Practical Solutions** Attendees will gain 3 relationship development actions for immediate implementation and pathways to strengthen student to staff relationships.

Outcomes

- **Confirmation** Of the drivers of challenging behaviours and direct and indirect impacts
- **Confidence** The skills and knowledge to implement professional strategies
- **Action** Pathways and strategies to access and implement post session

Suitable For

- **All Staff** Consider bringing Teaching and ES staff together for an understanding of how this topic impacts all roles and to create a united approach to solutions.

Our Requirements

- ✓ **Copies of School Goals** - Values, Mission, and/or Vision Statements
- ✓ **Venue** with resources for a PowerPoint presentation
- ✓ **Refreshments** are at your discretion and cost.

Contact Us For A Quote

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