



Creating Safe Spaces for Grieving Students

Delivered by Katrina Shaw - Educator & Founder of Grief Talks

Duration 3 hours (Includes 15 min break)

Content Overview

Did you know that 1 in 20 students experience the death of a parent or carer before they finish school? This statistic doesn't account for other significant losses that may also generate feelings and behaviours of grief ie: parental separation, death of a pet, changing friendships or moving schools.

Students experiencing grief and loss often find it difficult focus, to set goals and to regulate their emotions but with the right guidance they can grow with grief.

Join Katrina for an interactive session that provides teachers and classroom staff with an evidence-informed framework of how to provide individualised grief support and how to proactively engage students in grief education through all key stages.

- **What is grief?** Busting myths and building context relevant to students
- **Individual approach** Cultural and development considerations
- **Evidence informed** Engaging and applying psychological practice
- **Proactive, not reactive** Building a toolbelt of resources before it's needed

Outcomes

- ✓ **Awareness** How grief presents in children
- ✓ **Confidence** Navigating conversations around grief with safety and empathy
- ✓ **Strategies** Activities and actions for immediate classroom implementation

Inclusions

- ✓ **Key Slides and Handouts** for reference and use post session
- ✓ **Whole-school Grief and Loss First Aid Kit** tailored to your school

Our Requirements

- ✓ **Pre-workshop questionnaire** to provide insight into current challenges and understanding
- ✓ **Venue** with resources for a PowerPoint presentation
- ✓ **Refreshments** are at your discretion and cost

Contact Us For A Quote

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